



Coaches, Parent's & Wrestler's, SIGN UP NOW and save your seat on the Central Region Charter Bus, rest up and leave the Driving to us!

WHY attend the Panhandle Nationals November 30th Weigh in Friday night:

- Face great competition from TX AND surrounding states.
- Get points toward the *Ironman*, *State Awards* and **Bring Home a Belt**.
- Central Region coaches will be available and willing to coach any*
- Wrestler in the event their coach is unable to attend the Panhandle Nationals.*

Top 6 reasons to ride the bus:

- Cost is only \$60/seat ROUNDTrip
 - Benefit's-taking the bus: only one night in a hotel needed...
 - Overton Hotel @ \$89.00 a night, Dbl beds/call 806-776-7000 Ask for rooms for Panhandle National
- By Nov. 15th.**
- Weigh-in **BEFORE** leaving North Austin; no Worries about weight on the drive!
 - Sleep on the way home; crawl into bed on Sunday morning.
 - Kids play with their friends; you bring your computer and do your work.

Tentative schedule (subject to change):

Heading to Nationals 11/29/13

Departure Time Site Location

12:00 pm Friday Blossom Athletic Center San Antonio
1:30 pm Friday Bowie High School South Austin
3:00 pm Friday Vista Ridge High School North Austin

Weigh-ins at Vista Ridge BEFORE Departure

7:30 pm Friday stop for Dinner in Sweetwater, TX
10:30 pm Friday Arrive Panhandle Nationals Lubbock

Returning HOME

8:00 am Sat Depart hotel (after hot breakfast at hotel)
6:00 pm Sat Depart tournament for Dinner
2:00 am Sun Arrive Vista Ridge High School-North Austin
3:00 am Sun Arrive Bowie High School-South Austin
4:30 am Sun Arrive Blossom Athletic Center-SA

- Reserve your spot by sending an email to wrestle@topdogwrestling.org include the number of seats you will need.
- Call hotel to reserve your hotel at information above

Panhandle Nationals Deadline to sign up with only 56 seats available is November 15th....sign up TODAY!